

Deutsche Post DHL distinguished once again for exemplary health management

- **Group receives Corporate Health Award for second time in a row**
- **Board Member for Personnel Scheurle: “Health as key to sustainable business success”**

Bonn/Frankfurt am Main, November 4, 2011: Deutsche Post DHL, the world's leading mail and logistics company, continues to set standards when it comes to the health of its employees. For the second time in a row the company has received the Corporate Health Award in the category of traffic/logistics. Every year the German newspaper Handelsblatt, TÜV SÜD Life Service and EuPD Research present the Corporate Health Award to companies that have made efforts in an especially exemplary fashion to promote the health and productivity of their employees and as a result set standards across Germany. This year more than 237 companies contended for the coveted distinction, which is presented in eight industries and three special categories.

Health Management at Deutsche Post DHL, recipient of numerous accolades, won the prize this year for its outstanding integration of health management into all company processes as well as company guidelines and leadership principles. The department is also being honored this year for defining health as an important company-wide component of long-term business success. As a matter of fact, health and occupational safety of employees as well as the maintenance and promotion of their productivity has been a part of Group strategy for many years now. Deutsche Post DHL approaches the concept of health from a holistic perspective, one that includes physical, mental and social aspects. “Health management for us means motivating our employees to live a healthy lifestyle and providing them with a healthy working environment,” said Walter Scheurle, Board of Management Member responsible for personnel at Deutsche Post DHL. “For our ‘people business’ this kind of approach is pivotal to the long-term success of the company. Receiving the Corporate Health Award once again confirms that we are doing the right

thing for our employees.”

At the same time employees of the Group can have a direct influence on health management. Management at Deutsche Post DHL are called upon to join with their employees to identify areas of improvement in the working environment and initiate suitable health promotion measures at the relevant points. In addition Health Management at Headquarters has developed a “Health Promotion Toolbox” that contains 150 health promotion measures in 17 prevention areas. With the help of this tool, health work groups across Germany develop some 44,000 targeted health promotion measures annually on such topics as stress management, nutrition and exercise. “To ensure the health and well-being of employees for the long-term, we have relied on an appreciative management culture that is interested in promoting health, and that approach has paid off,” said Dr. Andreas Tautz, Chief Medical Officer of the Group. “In Germany, a high number of employees already actively contribute to health management. And in other parts of the world employee interest and engagement in the issue has continually grown.”

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Deutsche Post DHL is the world’s leading postal and logistics services group.

The Deutsche Post and DHL corporate brands stand for a one-of-a-kind portfolio of logistics (DHL) and communication (Deutsche Post) services. The Group provides its customers with both easy-to-use standardised products as well as innovative and tailored solutions ranging from dialogue marketing to industrial supply chains. About 470,000 employees in more than 220 countries and territories form a global network focused on service, quality and sustainability. The Group accepts its social responsibility by supporting climate protection, disaster management and education. The Group generated revenue of more than 51 billion Euros in 2010.

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More information can be found at www.dp-dhl.de